

WATKINS

ALLERGY AND ASTHMA CLINIC

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Dear New Patients,

Welcome to Watkins Allergy and Asthma Clinic! We are genuinely pleased that you have chosen us for your allergy and asthma care. Our practice realizes the importance of referrals and we value them greatly. We are always excited to see new faces coming through our door!

At your first appointment, your doctor will complete a comprehensive examination. This includes a complete review of your medical history, all necessary blood/lab work, medications, previous allergy/asthma testing, x-rays and breathing test.

If your appointment includes allergy testing, we request you refrain from taking any antihistamine medication for 4 – 5 days prior to your appointment. However, please continue any asthma medications. If skin testing is performed, your visit could last up to two and a half hours, so please plan accordingly. Following this appointment and testing, your doctor will discuss the findings with you and develop a treatment plan that you are comfortable with.

If you have health insurance, be sure to provide all requested information prior to your appointment to assist us in the benefit verification process. Payment is expected at the time of the first visit. If you have any questions about finances, please feel free to ask us at any time.

Please be prepared for your appointment by:

- bringing in any pertinent medical records
- bringing all medicines or a list of all medicines, including dosage
- completing the enclosed new patient questionnaire
- refraining from taking any antihistamine medications for 4 – 5 days prior to your testing appointment.
- DO NOT stop your Asthma medications

We ask that you make every effort to keep your appointments. If you need to reschedule your appointment, please call us at least 24 hours prior to your visit.

We very much appreciate your confidence in us and look forward to meeting with you!

Sincerely,

Raquel S. Watkins, MD